

Craniocervical abnormality/instability

New Patient Form

| Last Name: | | | | | | | |
|---|----------------------------|-----|----|--|--|--|--|
| First Name: | | | | | | | |
| DOB: | | | | | | | |
| Address: | | | | | | | |
| Next of Kin (Name/Contact Number): | | | | | | | |
| GP Details (Name/Contact Details): | | | | | | | |
| Medicare Care No. | | | | | | | |
| Health fund (Name/Membership Number): | | | | | | | |
| Today's date: / / | | | | | | | |
| What are your top three Chief complaints, in decr | easing order of importance | e: | | | | | |
| 1 | | | | | | | |
| 2 | | | | | | | |
| 3 | | | | | | | |
| | | | | | | | |
| Please answer the questions by typing "X" in the app. | ropriate column | Yes | No | | | | |
| Do you have blood relatives who have been diagnost Malformation? | sed with Chiari I | | | | | | |
| Do you have blood relatives who are suspected to have | ave Chiari I malformation? | | | | | | |
| Do you have Ehler Danlos Syndrome | | | | | | | |
| Have you been diagnosed with Chronic Fatigue Syn Encephalomyelitis | ndrome/Myalgic | | | | | | |

Symptoms

Please answer the questions by typing "X" in the appropriate column and indicate if the symptom is a major or minor symptom.

| is a major of minor symptom. | Yes No Major | | rMinor | | |
|---|--------------|------|--------|-----|--|
| Headaches | | | , , | | |
| Do you have a pressure headache? | | | | | |
| Is your headache localized in the back of the head? | | | | | |
| Is the headache aggravated by coughing and straining? | | | | | |
| Is the headache aggravated by posture of the neck/head? | | | | | |
| Does the pain radiate to neck and/or shoulders? | | | | | |
| Do you have pain or pressure behind the eyes? | | | | | |
| Do you have pain of pressure behind the eyes. | | | | | |
| Total | /6 | /6 | /6 | /6 | |
| Signs and symptoms of Brainstem and Lower Cranial Nerv | e com | pron | nise | | |
| Do you have problems swallowing? | | | | | |
| Do you have problems swallowing liquids? | | | | | |
| Do you have problems swallowing solids? | | | | | |
| Do you feel a lump in the back of your throat? | | | | | |
| Do you feel pain in the back of your throat? | | | | | |
| Do you have palpitations? | | | | | |
| Do you pass out? | | | | | |
| Do you "almost pass out"? | | | | | |
| Do you have sleep apnea? | | | | | |
| Do you use a CPAP or BiPAP machine at night? | | | | | |
| Do you snore? | | | | | |
| Do you gasp for air during your sleep? | | | | | |
| Are you short of breath? | | | | | |
| Do you have severe nausea? | | | | | |
| Is your voice getting hoarse? | | | | | |
| Total | /15 | /15 | /15 | /15 | |
| Vision and eyes motion | | | | | |
| Are you sensitive to light? | | | | | |
| Do you often change prescriptions for your glasses? | | | | | |
| Do you see double? | | | | | |
| Do you see blurred? | | | | | |
| Do you see floaters? | | | | | |
| Do you have nystagmus? Do staring at patterns on the floor make you dizzy? | | | | | |
| Are the visual symptoms positional (lying/sitting/standing/bending) | | | | | |
| | | | | | |
| Total | /8 | /8 | /8 | /8 | |

| | Yes | No | Major | Minor |
|---|------|-------|-------|-------|
| Hearing and equilibrium | | | | |
| Do you feel pressure deep inside your ears? | | | | |
| Does changing position make you dizzy? | | | | |
| Do you feel unsteady while standing still? | | | | |
| Do you feel unsteady while walking? | | | | |
| Do you have disequilibrium? | | | | |
| Do you have a ringing in your ears? | | | | |
| Do you have decreased hearing? | | | | |
| Do you have decreased hearing for high pitch sounds? | | | | |
| Do loud sounds bother you? | | | | |
| Do you have vertigo (= feeling that room is spinning)? | | | | |
| Total | /10 | /10 | /10 | /10 |
| Cerebellar function | | | | |
| Do you have tremors when you try to pick something up? | | | | |
| Do you have problems with motor coordination? | | | | |
| Are you clumsy? | | | | |
| | /2 | /0 | /2 | /0 |
| Total | /3 | /3 | /3 | /3 |
| High cortical functions | | | | |
| Do you have problems retaining short term memories? | | | | |
| Do you have problems with concentration? | | | | |
| Do you have problems multitasking? | | | | |
| Are you failing or losing ground in school? | | | | |
| Are you failing or losing ground at work? | | | | |
| Do you have problems in finding words? | | | | |
| Do you have long term memory loss? | | | | |
| Total | /7 | /7 | /7 | /7 |
| Sensory and Pain (please fill the pain diagram at the end of the | ques | tionn | aire) | |
| Do you have areas of your body with no sensation/altered sensation? | | | | |
| Do you have area of your body with abnormal and weird sensation? | | | | |
| Do you have tingling anywhere in your body? | | | | |
| Do you have burning pain anywhere in your body? | | | | |
| Do you have stabbing pain anywhere in your body? | | | | |
| Do you have problems figuring out the temperature of objects and | | | | |
| water using your skin? | | | | |
| Do you have problems figuring out where your body parts are in space? | | | | |
| Do you have facial pain? | | | | |
| Do you have facial numbness? | | | | |
| Is your pain so intense that you considered suicide in the past? | | | | |
| Total | /10 | /10 | /10 | /10 |
| | | | | |

| | Yes | No | Major | Minor |
|--|-----|----|----------|-------|
| Motor | | | <u> </u> | |
| Do you have focal weakness? | | | | |
| Do you have generalized weakness? | | | | |
| Do you have tremors? | | | | |
| Do you have muscle spasm? | | | | |
| Are your legs stiff? | | | | |
| Do you have a diagnosis of Parkinson disease? | | | | |
| Do you have seizures? | | | | |
| Total | /7 | /7 | /7 | /7 |
| Cardiovascular | | | | |
| Do you have POTS (Postural Orthostatic Tachycardia Syndrome)? | | | | |
| Do you have arrhythmias? | | | | |
| Do you have defective cardiac valves? | | | | |
| Do you have Mitral Valve Prolapse? | | | | |
| Total | /4 | /4 | /4 | /4 |
| Gastrointestinal and Bowel function | | | | |
| Do you have occasional incontinence for stools? | | | | |
| Do you have Irritable Bowel Syndrome? | | | | |
| Do you have diarrhea? | | | | |
| Do you have gastroparesis? | | | | |
| Do you have decreased gastrointestinal motility? | | | | |
| Do you have gastric reflux? | | | | |
| Do you vomit often? | | | | |
| Total | /7 | /7 | /7 | /7 |
| Bladder function | | | | |
| Do you have urinary urgency? | | | | |
| Do you have urinary incontinence? | | | | |
| Total | /2 | /2 | /2 | /2 |
| Connective Tissue Disorders | | | | |
| Do you have joint hypermobility? (= Are you double-jointed?) | | | | |
| Do you have a family history of double-jointedness? | | | | |
| Do you have wound healing problems? | | | | |
| Are your scars thin and wide? | | | | |
| Do you dislocate some of your joints at will? | | | | |
| Did you have congenital hip dislocation? | | | | |
| Do you have any of the following features of EDS/Vascular type? | | | | |
| Translucent skin; arterial/intestinal/uterine fragility or rupture; tendon and muscle rupture; clubfoot; premature aging of the skin of the hands and feet; early onset varicose veins; arteriovenous fistulae; carotid-cavernous fistula; pneumothorax (collapse of a lung); pneumohemothorax (collapse of a lung with a collection of air or | | | | |
| gas and blood); gingival recession. | | | | |

| | Yes | No | Major | Minor |
|---|------|------|-------|-------|
| Do you have Mitral Valve Prolapse? | | | _ | |
| Have you been diagnosed with EDS (Ehlers-Danlos Syndrome)? | | | | |
| Have you been diagnosed with Marfan syndrome? | | | | |
| Have you been diagnosed with Stickler syndrome? | | | | |
| Have you been diagnosed with Loys-Dietz syndrome? | | | | |
| Have you been diagnosed with a mix of 2 or more of the above | | | | |
| syndromes? | | | | |
| Do you have problems with your dental enamel (= the coating of your | | | | |
| teeth)? | | | | |
| T-4-1 | /1.4 | /1 / | /1.4 | /1.4 |
| Total | /14 | /14 | /14 | /14 |
| Metabolic and systemic disorders | | | | |
| Do you have Mast Cell disease? | | | | |
| Do you have MITO (= a Mithochondrial Disorder)? | | | | |
| Do you have other enzymatic defects? | | | | |
| Do you have diabetes? | | | | |
| Have you been diagnosed with PANDAS? | | | | |
| Do you have drug allergies? | | | | |
| Do you have food allergies? | | | | |
| Do you have food intolerances? | | | | |
| Do you have gluten intolerance? | | | | |
| Are you allergic to latex? | | | | |
| Do you have environmental allergies? | | | | |
| Do you have frequent infections? | | | | |
| Have you been diagnosed with Lyme disease? | | | | |
| Have you been suspected with MS (Multiple Sclerosis) in the past? | | | | |
| Have been formally diagnosed with MS? | | | | |
| Do you have lupus? | | | | |
| Do you have a formal diagnosis of Fibromyalgia? | | | | |
| Are you chronically on pain medications? | | | | |
| Are you constantly tired? | | | | |
| Do you have a restorative sleep at night? | | | | |
| Do you have a formal diagnosis of Chronic Fatigue? | | | | |
| Total | /21 | /21 | /21 | /21 |
| Traumas | | | | |
| Have you been involved in any severe motor vehicular accident? | | | | |
| Have you been the victim of a severe head and/or neck injury? | | | | |
| Did you suffer any severe whiplash injury? | | | | |
| Were you made worse by harsh manipulations by chiropractors or PT? | | | | |
| Did you get worse after a Lumbar Puncture or an Epidural? | | | | |
| Did you get worse after delivery? | | | | |
| Do you have a past history of meningitis? | | | | |
| | | | ,_ | ,- |
| Total | /7 | /7 | /7 | /7 |

Please circle the appropriate score

| Modified Karnofsky Score | KS Score |
|---|----------|
| I feel normal: No complaints, no evidence of disease. | 100 |
| I am able to carry on normal activity with minor symptoms. | 90 |
| I carry on normal activity with effort and some symptoms. | 80 |
| I am able to care for myself, but unable to carry on normal activities. | 70 |
| I require occasional assistance but can care for most of my needs. | 60 |
| I require considerable assistance and frequent care by others. | 50 |
| I am disabled and require assistance and frequent care by others. | 40 |
| I am severely disabled. I am hospitalized, but death is not imminent. | 30 |
| I am very sick. I require active supportive care by others. | 20 |
| I have fatal processes that are rapidly progressing. I am near death. | 10 |

| In a few words, | tell us the | history of your | present neurosur | gical illness: |
|-----------------|-------------|-----------------|------------------|----------------|
|-----------------|-------------|-----------------|------------------|----------------|

(max 3-4 paragraphs)

Past trauma/injury history: (make a list, add dates)

Past surgical history: (make a list of your past surgeries; focus specially on neurosurgical procedures) (for the neurosurgical procedures: add dates, name of the hospital, last name of the surgeon)

Past medical history: (make a list of your other medical problems)

| fedications: |
|---|
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| |
| llergies/Intolerances (Agent – Reaction): e.g. meds, foods, contrast, dyes, or latex: |
| st names and the effects) |
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| |
| amily history: |
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| |
| ocial history: |
| Marital status: |
| Work/Disability history: Tobacco Current user: |
| Tobacco Current user. |
| Alcohol/Recreational Drugs: |
| |
| |
| |
| |
| |

If you have seen other Chiari specialists in the past, list their names below:

Pain Diagram:

| Severity of pain (circle one) 1 2 3 4 5 6 7 8 9 10 (1 = Less Pain / 10 = Worse Pain) |
|---|
| Frequency Constant Intermittent How Often? |
| Timing Pain Occurs ☐ Morning ☐ Evening ☐ After Work ☐ Wakes You From Sleep ☐ Other |
| Location of Pain (mark all that apply) ☐ Forehead ☐ Behind the Right Eye ☐ Behind the Left Eye ☐ Behind Both Eyes ☐ Top of Head ☐ Back of Head ☐ Left Side of Face ☐ Right Side of Face ☐ Neck |
| Please mark (X) where your pain is located: |
| Left Side Front Back Right Side |
| |

Abbreviations:

ACDF - anterior cervical discectomy and fusion

ADI – atlanto dens interval

BDI – basion dens interval

B - Brain

BI – basilar impression/basilar invagination

C - cervical

CCF - craniocervical fusion

CCF-R - craniocervical fusion revision

CCI - craniocervical instability

CCJ – craniocervical junction CDU – color Doppler ultrasound CMI - Chiari malformation type 1

CM-II - Chiari malformation type 2

CM-III - Chiari malformation type 3

CM-IV - Chiari malformation type 4

CMJ – cervicomedullary junction

CP – cranioplasty

CRANI - craniectomy

CRIP - chronically raised intracranial pressure

CTS - carpal tunnel syndrome

CXA – clivo axial angle

DP - duraplasty

DR-durarraph

DTRs - deep tendon reflexes

EDS - Ehlers-Danlos syndrome

EMG - electromyography

EOMs - extraocular movements

FT – filum terminale

FFT – fat filum terminale

HC - head circumference

HDCT - hereditary disorder of connective tissue

HNP – herniated nucleus polposus (= disc herniation)

IBS - irritable bowel syndrome

ICT – invasive cervical traction

ICP – intracranial pressure

IIH – idiopathic intracranial hypertension

JP – Jackson Pratt suction

L - lumbar

LMP – lateral mass plates

LTOMY - laminotomy

MC-meningocele

MIST – minimally invasive subpial tonsillectomy

MS – multiple sclerosis

N/A - not applicable

NICT - non-invasive cervical traction

N/T - not tested

NMH - neurally mediated hypotension

oTC - occult variant of tethered cord

PERRLA - pupils equal round & reactive to light and accommodating

PFD - posterior fossa decompression PFR - posterior fossa revision

PLIF – posterior lumbar interbody fusion
PMC - pseudomeningocele
POTS - postural orthostatic tachycardia syndrome

PT – physical therapy PTC - pseudotumor cerebri

PTH - persistent tonsillar herniation RECONS – reconstructions (in CT imaging)

RO - retroflexed odontoid

SFT - section of filum terminale

SM - syringomyelia

SyPeS – syringo peritoneal shunt SyPIS – syringo pleural shunt SySaS – syringo subarachnoid shunt

SSEP – somatosensory evoked potentials soft spot syndrome

T - thoracic

TC - tethered cord

TH – tonsillar herniation

 $TR-ton sillar\ resection\ (subpial)$

TS – tonsillar shrinking TCS - tethered cord syndrome

TMJ – temporomandibular joint TOO – transoral odontoidectomy

XI – eleventh cranial nerve (= accessory nerve) XII – twelfth cranial nerve (= hypoglossal nerve)